

Our Commitment to Excellence:

The Woods is one of several senior living communities owned by Georgia Living Management, Inc.

At The Woods, we have an unwavering commitment to serve our residents and At Home clients *with compassion and great care* because we understand, above all else, one's universal desire for dignity and respect.

The residents' and clients' well-being and safety are paramount to us; therefore our enduring relationships with them are based on *trust and integrity*.

We believe that responding patiently and kindly to expressed and unexpressed wishes and needs of our residents and clients *enriches the lives of seniors*.



Residential | At Home Care | Memory Care | Respite

The Woods Senior Care

1401 Macon Road, Griffin, Georgia 30224

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Our Lifestyle Options

Residential Care

Every detail of our community, from the flowers planted in our gardens to the warm, inviting colors that grace our interiors, has been carefully selected to assure that our residents thrive in mind, body and soul. Our suites offer privacy, comfort, and spacious rooms for personal treasures—all just steps away from the social hub of community living areas. Thoughtful design, coupled with exceptional service and a diverse calendar of daily activities, create a nurturing and stimulating environment.





Delicious meals promote your healthy lifestyle.





Amenities and Services

Suite Amenities:

- Fully carpeted studio, one and two bedroom suites
- Kitchenette with mini-refrigerator
- Emergency call system with 24-hour on-site response
- Individual climate control
- Handicapped accessible design
- Wireless internet
- All utilities available including telephone, cable TV, and internet
- Pets welcome additional fee will apply

Community Amenities:

- Beauty/barber salon
- Elegant dining room
- Private dining room for special occasions
- Library
- Multi-purpose Activity Room with wi-fi and computer access
- Multiple gathering areas for bridge clubs, book clubs, and conversation
- Covered porches with views of nature
- Beautifully landscaped grounds

Senior Care Services:

- On site staff 24 hours a day
- Breakfast, lunch, dinner, and snacks served daily
- Housekeeping services
- Personal laundry services
- Assistance with bathing, grooming, dressing
- Supervision of prescription medication
- Vibrant activity program featuring recreational, educational, social, and spiritual events
- Mail delivery to your suite

At Home Care

Many seniors prefer to maintain their independence at home with occasional assistance from a trusted companion. We offer non-medical caregivers and companions for seniors living at home, residents in long-term care settings and those in a hospital or recovering from surgery.

- Bathing, grooming and dressing
- Oral and personal hygiene
- Grocery shopping

Light Housekeeping

- Medication reminders
- Meal preparation and planning
- Companionship
- Laundry

- Transportation to medical and social appointments
- Assist with ambulation
- Pet care

Respite/Short-Term Care

Sustaining the 24/7 demands of caring for a loved one requires balance and self care. Often following hospital stays or an illness, seniors need recuperation and families can safely bridge the gap and speed recovery with



respite services. In addition, there will also be times when families need to travel, attend to personal needs, or simply take a break to recharge their batteries.

We offer comfortably furnished

suites, round-the-clock attention and full access to all the benefits of our compassionate community.



Memory Care

The Seasons Memory Care environment has been purposefully and specially designed to aid those who have cognitive challenges caused by memory impairment, dementia and Alzheimer's. Our safe, 6-bed community features secure entry and exit doors. Large windows, a welcoming porch and garden with gazebo ensure residents get plenty of natural sunlight



which helps reduce anxiety as they transition gradually from day to evening. Each resident's suite entrance is identified by a name plate as well as a memory box that can be filled with personal belongings to help



residents identify their rooms. In addition, a creative Plunder Room provides a collection of objects to promote active tactile stimulation which researchers have found improves short-term and long-term memory.