



Our Commitment to Excellence:

Station Exchange is one of several senior living communities owned by Georgia Living Management, Inc.

At Station Exchange we have an unwavering commitment to serve our residents **with compassion and great care** because we understand, above all else, one's universal desire for dignity and respect.

The residents' well-being and safety are paramount to us; therefore our enduring relationships with them are based on **trust and integrity**.

We believe that responding patiently and kindly to expressed and unexpressed wishes and needs of our residents **enriches the lives of seniors**.

Personal Care | Memory Care

Station Exchange Senior Living

3205 TSX Grand Central, Richmond Hill, Georgia 31324

912-445-2425 | stationexchangeseniorcare.com



STATION
EXCHANGE
SENIOR CARE



We care in so many ways...

At Station Exchange Senior Living, person-centered care is our foundation. We understand that each resident arrives with their own unique needs – from simple companionship to assistance with daily tasks like housekeeping and laundry, to more specialized support including medication management, bathing assistance, and memory care. Whatever level of care our residents require, or their families request, our dedicated staff approaches each interaction with a commitment to serving our residents as they would their own families. The Station Exchange difference is our unwavering dedication to exceptional, individualized care for each resident we serve.

Our Lifestyle Options

Personal Care

Every detail of our community, from the flowers planted in our gardens to the warm, inviting colors that grace our interiors, has been carefully selected to assure that our residents thrive in mind, body and soul. Our suites offer privacy, comfort, and spacious rooms for personal treasures — all just steps away from the social hub of community living areas. Thoughtful design, coupled with exceptional service and a diverse calendar of daily activities, create a nurturing and stimulating environment.



Amenities and in addition to personal care:

Suite Amenities:

- Studio, one and two bedroom suites
- Kitchenette with mini-refrigerator
- Emergency call system with 24-hour on-site response
- Individual climate control
- Handicapped-accessible design
- Wireless Internet
- All utilities included
- Pets welcome (*additional fee will apply*)

Community Amenities:

- Beauty/barber salon
- Elegant dining room
- Library
- Private dining for special occasions
- Multimedia room featuring theatre seats
- Activities room
- Covered porches with views of nature
- Beautifully landscaped grounds
- Pond fishing is allowed

Memory Care

The Seasons Memory Care community has been purposefully designed to aid those who have cognitive challenges caused by memory impairment, dementia and Alzheimer's. Our safe, 18-bed community features secure entry and exit doors and 24-hour monitored emergency response system. Large windows and a welcoming porch ensure residents get plenty of natural sunlight which helps reduce anxiety among residents as they transition gradually from day to evening. Each resident's suite is designed with a memory box outside the suite as a helpful visual cue. In addition, a creative Plunder Room provides active tactile stimulation for our residents' long-term memory.



The Seasons' staff receive ongoing guidance and training on the complex task of providing excellent dementia, memory, and Alzheimer's care. Our staff undergoes initial and on-going training in proper techniques, approaches, and care of persons with memory impairments. All of our employees continue this training throughout their tenure here; receiving at least 16 hours of continuing education and training yearly through consultants, internet-based classes, and other resources.

Seasons Memory Care offers daily programs of therapeutic activities specially designed for residents with memory impairment to provide for spiritual, social, emotional, and physical and intellectual needs of each resident. A typical day consists of 2-4 planned activities which are balanced with intermittent rest periods and meals in between.

Programs are structured to accommodate the attention span, need for physical movement, cognitive abilities, nutrition and hydration needs of residents with dementia.

Personalized Services Include:

- Providing opportunities for residents to engage in simple and familiar activities of everyday life such as watering plants, dressing, and personal hygiene/grooming.
- Gross motor activities such as exercise and dancing.
- Reality orientation - a daily activity to look at the calendar, date, weather, holidays, newspaper, current events, etc.
- Incorporating appropriate music, selected television programming and videos, games and other forms of sensory and social stimulation.

