



### Our Commitment to Excellence:

Poplar Creek is one of several senior living communities owned by Georgia Living Management, Inc.

At Poplar Creek, we have an unwavering commitment to serve our residents and At Home clients *with compassion and great care* because we understand, above all else, one's universal desire for dignity and respect.

The residents' and clients' well-being and safety are paramount to us; therefore our enduring relationships with them are based on *trust and integrity*.

We believe that responding patiently and kindly to expressed and unexpressed wishes and needs of our residents and clients *enriches the lives of seniors*.



Residential | At Home Care | Memory Care | Respite

### Poplar Creek Senior Care

114 Old Airport Road, LaGrange, Georgia 30240

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POPLAR  
CREEK  
SENIOR CARE



## We Care in So Many Ways...

Poplar Creek Senior Care takes great pride in every aspect of service we provide. We are mindful that each Resident or At Home client comes to us with a unique set of needs. For some, it is as simple as companionship for a few hours each day. For others, it's assistance with the basics of daily living such as housekeeping and laundry. Still others require medication reminders, assistance with bathing and more specialized memory care. No matter what residents or clients and their families desire, Poplar Creek Senior Care employees are dedicated to a service above self attitude.



# Our Lifestyle Options

## Residential Care

Every detail of our community, from the flowers planted in our gardens to the warm, inviting colors that grace our interiors, has been carefully selected to assure that our residents thrive in mind, body and soul. Our suites offer privacy, comfort, and spacious rooms for personal treasures—all just steps away from the social hub of community living areas. Thoughtful design, coupled with exceptional service and a diverse calendar of daily activities, create a nurturing and stimulating environment.



*Delicious meals promote your healthy lifestyle.*



## Amenities and Services

### Suite Amenities:

- ✓ Fully carpeted studio and one bedroom suites
- ✓ Kitchenette with mini-refrigerator
- ✓ Emergency call system with 24-hour on-site response
- ✓ Individual climate control
- ✓ Handicapped accessible design
- ✓ Wireless internet
- ✓ All utilities available including telephone, cable TV, and internet
- ✓ Pets welcome  
*additional fee will apply*

### Community Amenities:

- ✓ Beauty/barber salon
- ✓ Elegant dining room
- ✓ Private dining room for special occasions
- ✓ Library
- ✓ Multi-media room featuring theatre seats
- ✓ Activities Room with wi-fi and computer access
- ✓ Multiple gathering areas for bridge clubs, book clubs, and conversation
- ✓ Covered porches with views of nature
- ✓ Beautifully landscaped grounds

### Senior Care Services:

- ✓ On site staff 24 hours a day
- ✓ Breakfast, lunch, dinner, and snacks served daily
- ✓ Housekeeping services
- ✓ Personal laundry services
- ✓ Assistance with bathing, grooming, dressing
- ✓ Supervision of prescription medication
- ✓ Vibrant activity program featuring recreational, educational, social, and spiritual events
- ✓ Mail delivery to your suite

## At Home Care

Many seniors prefer to maintain their independence at home with occasional assistance from a trusted companion. We offer non-medical caregivers and companions for seniors living at home, residents in long-term care settings and those in a hospital or recovering from surgery.

- ✓ Bathing, grooming and dressing
- ✓ Light Housekeeping
- ✓ Grocery shopping
- ✓ Medication reminders
- ✓ Meal preparation and planning
- ✓ Oral and personal hygiene
- ✓ Companionship
- ✓ Laundry
- ✓ Transportation to medical and social appointments
- ✓ Assist with ambulation
- ✓ Pet care



## Respite/Short-Term Care

Sustaining the 24/7 demands of caring for a loved one requires balance and self care. Often following hospital stays or an illness, seniors need recuperation and families can safely bridge the gap and speed recovery with



respite services. In addition, there will also be times when families need to travel, attend to personal needs, or simply take a break to recharge their batteries.

We offer comfortably furnished suites, round-the-clock attention and full access to all the benefits of our compassionate community.



## Memory Care

The Seasons Memory Care environment has been purposefully and specially designed to aid those who have cognitive challenges caused by memory impairment, dementia and Alzheimer's. Our safe, 14-bed community features secure entry and exit doors. Large windows and a welcoming porch ensure



residents get plenty of natural sunlight which helps reduce anxiety as they transition gradually from day to evening. Each resident's suite entrance is identified by a name plate as well as a memory box that can be filled with personal belongings to help residents identify their rooms. In addition, a creative Plunder Room provides a collection of objects to promote active tactile stimulation which researchers have found improves short-term and long-term memory.

